



**Is the Stillwater Starz swim team right for your child?  
If you are looking for summertime fun, the answer is YES!**

The Stillwater Starz swim team is a developmental, competitive swim team open to all local children ages 4-18. Not sure if your son or daughter is ready? Come on out and give it a try! Our coaches will help assess your young swimmer's skills and decide upon the best group placement. Many of Naperville's top high school swimmers got their summer start on their local neighborhood teams—including right here at Stillwater. It's a great way to occupy summer mornings while staying fit and having fun outside.

The team will participate in eight dual meets (scheduled on Tuesday and Thursday evenings and Saturday mornings), two invitational meets, and two exciting championship meets (swimmers enter one of the two). The season begins with an intrasquad Time Trial at our own pool—a great way for swimmers to experience their first meet of the season in a low-stress environment. We also offer a range of fun social activities; come on out and join the fun!

### **PRACTICES**

Preseason practices for *all* swimmers will begin the evening of Tuesday, May 27, and continue through the last day of school in District 204, Tuesday, June 3. Regular practices begin on Wednesday, June 4 for AM and PM groups and continue through the Classic/City Championship Meets in late July.

#### **Starz Practice Schedule (AM Option, 5 days/wk.)**

Team Development (private instruction)	10:20am to 10:50am
6 & under	9:50am to 10:20am
7 & 8	9:10am to 9:50am
9 & 10	8:20am to 9:10am
11 & over	7:30am to 8:20am

#### **Starz Practice Schedule (PM Option, 2 days/wk.)**

8 & under	6:15 pm to 7:00 pm
9 & over	7:00 pm to 8:00 pm

#### **NEW! Starz Club Swimmer Flex Option**

Swimmers practicing with their USA Swimming club teams during long course season *can join us for meets only!* Swimmers (ages 9-18) selecting this option are also eligible to attend PM Starz practices with their age group as their schedule allows, but practice attendance is not required.

Swimmers who sign up for the evening practice option program will practice on **Monday and Wednesday** evenings only and will be eligible to swim all the meets and attend all social events. Space for this group is limited.

**Swimmers who select the PM Practice Option, and ALL swimmers who will be 7 years of age or older by June 1, MUST be able to swim one length of the pool unassisted (any stroke) by the first day of practice.** For those who aren't ready, private lessons are available as an alternative to team membership. Need help getting your swimmer ready? Reach out for local off-season lesson suggestions!



## HOW DO I JOIN?

Online registration opens on Saturday, February 15. Visit [www.stillwaterstarz.org](http://www.stillwaterstarz.org) and click on the *Registration* tab. Following registration, watch your email for Job Sign-up information the end of May.

Please note that we are a volunteer-run organization; it's through the support of our parents that we can offer the incredible program we do so affordably! To this end, a parent from each family is expected to work at several meets (usually 5-6) throughout the season to ensure that meets run smoothly and adhere to Naperville Swim Conference rules. Parents may also hire proxy workers to fulfill this obligation. Additional information is provided during registration.

## HOW MUCH DOES ALL THIS FUN COST?

### **Early Bird (February 15-April 30)**

Morning Group Registration (practices 5x/wk.)	\$235 for the first swimmer \$220 for each additional swimmer
Evening Group Registration (practices 2x/wk.)	\$160 per swimmer
Club Swimmer Flex Registration (PM practices optional)	\$160 per swimmer

### **Regular Registration (May 1)**

Morning Group Registration (practices 5x/wk.)	\$260 for the first swimmer \$245 for each additional swimmer
Evening Group Registration (practices 2x/wk.)	\$185 per swimmer
Club Swimmer Flex Registration (PM practices optional)	\$185 per swimmer

## CAN MY FRIENDS JOIN IF THEY DON'T LIVE IN STILLWATER?

Absolutely! *Non-residents* interested in swimming for the Starz are welcome to join!

Non-residents pay the applicable registration fee above plus a \$30 per family (*not* per swimmer) non-resident fee. This entitles swimming members to use of the pool during swim team practices, meets, and social events only.

If your non-resident family is looking for more this season, we have a great option for you! For an additional one-time fee of just \$425, your family can add a Non-Resident Seasonal Family Membership to your swim team registration. As seasonal Stillwater Club members, ALL members of your family will enjoy full use of Stillwater Club pool, racquet courts, sport court, and all summer social events.

**Interested non-resident families can add "Non-Res. Family Club Membership" during the last step of the online team registration.** This is an exclusive opportunity for swim team families and is the best value in the area for summerlong access to a fabulous pool, exciting racquet sports, and fun!

## Still Have Questions?

Contact Lea Fortkamp at [lea.fortkamp@gmail.com](mailto:lea.fortkamp@gmail.com).