



2025 Season Overview

Pre-Season Practice (May 27 – June 3)

(open to both AM and PM swimmers)

Tuesday-Friday, May 27-30

6:30-7:30 PM Tues., May 27 6U only
 6:30-7:30 PM Weds., May 28 7/8 only
 6:30-7:30 PM Thurs., May 29 9/10 only
 6:30-7:30 PM Fri., May 30 11/12+ only

Monday and Tuesday, June 2 and 3

6:15-7:00 PM 6U, 7/8
 7:00-8:00 PM 9/10, 11/12, 13/14+

Regular Season AM Practice Groups (M-F, starting Weds., June 4)

7:30-8:20 AM 11+
 8:20-9:10 AM 9-10
 9:10-9:50 AM 7-8
 9:50-10:20 AM 6U
 10:20-10:50 AM Team Development (Private Instruction)

Regular Season PM Practice Groups (M/W, starting Weds., June 4)

6:15-7:00 PM 6U, 7/8
 7:00-8:00 PM 9/10, 11/12, 13/14+

No Practice: Friday, July 4

Last day of practice for Classic swimmers: Friday, July 18

Last day of practice for City swimmers: Friday, July 25

Tentative Meet Schedule *(A parent from each family should expect to work **AT LEAST 4-5 MEETS**, regardless of their child's meet participation status, in addition to working the championship meet in which their swimmer is participating. A list of proxy/substitute workers is available. Swimmers must participate in at least 3 regular season meets to swim in the Classic or City Championship, though greater participation is encouraged.)*

Sat., Jun. 7 Time Trials at Stillwater
 Tues., Jun. 10 **Huntington Estates at Stillwater**
 Sat., Jun. 14 Stillwater at White Eagle
 Thurs., Jun. 19 Stillwater at Hobson West
 Sat., Jun. 21 Stillwater at Naperville Tennis Club
Tues., Jun. 24 Centennial Beach at Stillwater
 Thurs., Jun. 26 SS Invite at Ashbury (8U-13/14 only)
Tues., Jul. 1 Huntington at Stillwater

Tues., Jul. 8 Breckenridge at Stillwater
 Sat., Jul. 12 Stillwater at Tall Grass
 Tues., Jul. 15 Hold for Make-Up Meet
 Thurs., Jul. 17 HS Invite at Naper Carriage Hill (Class of '25-'29)
 Sat., Jul. 19 Classic Championship Meet*
 Fri., Jul. 25 City Championship Meet (HS) *
 Sat., Jul. 26 City Championship Meet (8U-13/14)*

Swimmer Check-in: 7:30am (Sat.)/4:30pm (Tues./Thurs.) (Ashbury Invite may be earlier)

Warm-ups begin: 7:45am (Sat.)/4:45pm (Tues./Thurs.) (Ashbury Invite may be earlier)

Worker Check-in: TBA

***Championship Meets:** Locations/times TBD (likely 203/204 high schools). All swimmers are expected to represent the Starz at the championship meet for which they have qualified (Classic OR City). One parent from each family must work the championship meet at which their child is participating. This is in addition to the regular season meet requirement.

Social Events/Other Activities *** Subject to change – most up-to-date information available at www.stillwaterstarz.org ***

Tuesday, April 8 Information Night and Apparel Fit Night *at the Clubhouse* (5:00-7:00PM, tent.)
 Tuesday, May 20 “Meet the Coaches” Night *at Family Orientation at the Clubhouse* (5:30-7:30PM, tent.)
 Tuesday, June 10 Photo Day (AM *at Stillwater Club*: NO MORNING PRACTICE)
 Thursday, July 3 Starz *Tri-a-Tri* Practice Triathlon
 Thursday, July 10 Starz Service Night *at Feed My Starving Children* (7:00-8:45PM)
 Thursday, July 17 Championship Kickoff Party (all swimmers), Classic and City Teams Named (tent.)
 Sunday, July 27 End-of-Season Celebration (time, location TBD)

More events will be added as the season approaches. Stay tuned!